Go to bed on time - need energy for fun!



**MY FIELD TRIP CHECKLIST**

Everything I Need to Remember!

Field Trip Day is Almost Here!

**WHERE ARE WE GOING?**

**Place:**

**Date:**

**Leave School:**

**Return:**

**NIGHT BEFORE CHECKLIST**

Put signed permission slip in backpack

Put field trip money in envelope (if needed)

Set out comfortable clothes and walking shoes

Pack lunch in disposable bag (if bringing)

Fill water bottle

💡 *Tip: Put everything by the door so you don't forget in the morning!*

Any supplies teacher requested

A positive attitude and big smile! 😊



**MORNING OF THE TRIP**

Eat a good breakfast

Wear comfortable clothes and closed-toe shoes

Use the bathroom before leaving school

Listen to teacher's instructions

Find your buddy or group

**WHAT TO BRING**

Water bottle (labeled with name)

Lunch/snacks in disposable bag

Jacket or sweater (check weather!)

**WHAT NOT TO BRING**

Electronic devices (unless teacher says OK)

Toys or games

Extra money (only bring what's needed)

Candy or gum

Anything valuable that could get lost

Bad attitudes!



**IMPORTANT FIELD TRIP RULES**

Stay with your group and chaperone at ALL times

Listen to teachers and chaperones

Follow bus rules - stay seated and use indoor voice

Be respectful to everyone and everything

Ask before going anywhere (even bathroom!)

Remember: You represent our school!

👫**BUDDY SYSTEM**

My buddy is:

My chaperone is:

**Remember: Never leave your buddy behind!**

**REMEMBER**

Field trips are special privileges!

Have fun, be safe, and learn something new!

**MY INFORMATION**

My Name:

My Teacher:

My School:

School Phone:

**If I get separated, I should: Find a staff member at the location and tell them my teacher's**

**name**

**FOR PARENTS**

**Please help your child:**

Pack everything the night before

Get a good night's sleep

Eat breakfast before school

Dress appropriately for the weather

Bring only necessary items

**Emergency Contact:**

**Have an AWESOME field trip!**